

CERTIFICATE OF PARTICIPATION

This is to certify that

Tiaan van Heerden

Has successfully participated & completed the

10km Heritage Day Trail Run

held at De Grendel Wine Estate.

TIME 01:22:38

PACE 08:15/km

GENDER 57 of 76

OVERALL 100 of 183

OPEN 25 of 34

24 September 2023, Sun

Date



BoutTime

Signature

